

Walk-In Class Prices: 30 or 45 minute: \$6 | 60-minute: \$7

Pre-pay for packages on select classes and save!

8-Week Sessions run April 29th–June 24th

No Yoga Saturday May 25th - Center Closed Monday May 27th

No Jeanne classes Tuesday May 28th

***Free classes for SilverSneakers and Prime Members!**

Splash Water Aerobics* \$84	Monday & Wednesday	9 am - 9:45 am	Maxine
Circuit* \$84	Monday & Wednesday	10 am - 10:45 am	Maxine
Yoga* \$84	Monday & Wednesday	11 am - 11:45 am	Maxine
Boom Mind* \$42	Tuesday	9:15 am - 10 am	Kayla
Water Conditioning \$84	Tuesday & Thursday	9 am - 9:45 am	Jeanne
Cardio Strength Circuit \$42	Tuesday	10:15 am - 11 am	Jeanne
Circuit \$84	Monday & Wednesday	5 pm - 5:45 pm	Maxine
Tabata \$84	Monday & Wednesday	6 pm - 6:45 pm	Maxine
Cardio Kickboxing \$84	Monday & Wednesday	7 pm - 7:45 pm	Maxine
30/30 Pound & Sculpt \$49	Thursday	10:15 am - 11:15 am	Jeanne
Stability* \$42	Friday	9 am - 9:45 am	Maxine
Yoga* \$42	Friday	10 am - 10:45 am	Maxine
Intermediate Yoga	Saturday	8 am - 9 am	Jana
Beginner Yoga	Saturday	9:15 am - 10:15 am	Jana